Medical examination € 35,00

Physiatric medical examination € 45,00 Dietary medical examination € 45,00

Postural gymnastics - 25' € 36,00

Hydrokinesitherapy - 25' € 36,00

Physiokinesitherapy - 25' €36,00

FANGO FOR YOU – Basic Thermal Mud Therapy

Medical examination 12 Mud pack 12 Thermal bath with Ozone 12 Daily access to the Spa (with Italian medical prescription - Ticket not included) € 70,00

(without medical prescription) € 432,00 ONCE THERAPY: € 39,00

FANGO FOR YOU - Complete

Medical examination 12 Mud pack 12 Thermal bath with Ozone 12 Reaction massages - 25' 12 Daily access to the Spa (with Italian medical prescription – Ticket not included) € 410,00

(without medical prescription) € 792,00

ONCE THERAPY: € 69,00

INHALATION / AEROSOL/ NASAL SHOWERS

Medical examination 12 Inhalation 12 Aerosol (with Italian medical prescription – Ticket ASL excluded €55,00 € 3,10 ONCE THERAPY: (without medical prescription) € 8,00

Price of the Italian medical prescription: Ticket price € 55,00

BODY TREATMENTS AND MASSAGES

Thermal Massage

Massage to release tension using muscle relaxant techniques, with thermal water cream.

Antistress Massage

Massage to relax your body and mind

Min. 25 € 35,00 Min. 50 € 65,00

Min. 25 € 35.00 Min. 50 € 65.00

Anticellulite - RituaL

A massage to improve a body with cellulite and water retention.

Min. 25 €37,00 Min. 50 €67,00

Physiomassage

A massage useful to eliminate stress, reducing anxiety, tiredness and insomnia.

Min. 50 **€68,00** (3 massages **€195,00** / 6 massages **€372,00**)

Herbal Massage Reactivating massage with hay oil.

Min. 25 € 40,00 Min. 50 € 76,00 Scacciapensieri - Head and Neck massage

A wonderful way to ease tensions while gaining a peaceful retreat from the outside world.

Min. 25 **€ 35,00**

Foot Reflexology An oriental technique for the stimulation of reflex points. Min. 25 € 40,00

MASSAGES FOR WOMEN

Pregnancy Massage Special for pregnant women, suggested after the third month.

Min. 25 **€ 35,00** Min. 50 **€ 65,00**

Massage with Fairy OilMassage with Fairy Oil for women, because of its fragrance and
draining effect.Min. 25 €40,00 Min. 50 €70,00

RITUALS FROM THE WORLD

Qi-Gong – face

Ancient Oriental ball massage technique to reactivate microcirculation Min. 25 € 40,00

Californian Massage

Thanks to the gentle movements, it promotes relaxation and balances mind and body, giving a feeling of serenity and tranquility. Min. 50 € **70,00**

Polinesian Massage

Ancient Taurumi ritual with Karitè, coconut butter and Tiarrè perfume. Holistic treatment for your spirit and body. Min. 50 € 72,00

Hot Stone Massage

Tension melts away as warm stones are used over the entire body, bringing it into a state of deep relaxation Min. 50 € 70,00

Bamboo Massage

A massage that drains and tones the areas with the presence of cellulite, water retention and contractures. This techniqueuses the pressure exerted manually through the bamboo rods.

Min. 50 **€80,00**

Candle Massage

A true wellness ritual, with vegetable butter candles with nourishing and moisturizing properties, enriched with precious essential oils.

Min. 25 **€ 38,00** Min. 50 **€ 70,00**

Ayurvedic Massage

From the ancient tradition of Indian medicine, linked to the identification of the Vata, Pitta and Kapha Doshas, it brings balance back into the body. Min. 50 € **78,00** Min. 80 € **110,00** (**3 massages of 50' - € 222,00**)

Shiatsu

Of Japanese origin, it is a massage that can remove mental and physical fatigue, relaxing and energizing the person. (2) Min. $50 \notin 70.00$

(3 massages of 50' - € 198,00)

Watsu

It is a gentle form of body therapy performed in warm water, which combines the elements of shiatsu. Min. $50 \in 70,00$

Chakra Body Massage

Tibetan harmonization technique on the 5 primary energies with enhancement through crystal therapy.

Min. 50 € 78,00 Min. 80 € 110,00

COUPLE TREATMENTS

Bamboo Massage

A massage that drains and tones the areas with the presence of cellulite, water retention and contractures. This techniqueuses the pressure exerted manually through the bamboo rods. Min.50 €80,00

Love Therapy (Amor di coccole)

Relaxing couple's massage with precious vegetable butter and nourishing oils. Sensual and aromatherapeutic ritual.

Min. 50 **€ 77,00**

Couples Therapy (Esfò di coppia)

Exclusive treatment for couples. It consists in the application of a grenulose compound that removes the layer of dead cells on the surface.

Min. 90 €120,00 (price per person)

JUNIOR SPA

Beauty star

Nail polish application

Min. 25 € 35,00 Min. 50 €65,00

Face Beauty BIO

Facial treatment with organic products to moisturise the skin Min. 25 € 40,00 Min. 50 €75,00

BIO Massage

Relaxing massage with thermal cream or Bio Baby Oil. Min. 25 € 35,00 Min.50 €65,00

BODY DETOX TREATMENTS

Program 1 (exfò)

Exfoliating body scrub + massage with Bio oil

Program DETOX Mud

Detoxifying body treatment with application of thermal mud, essential oil, thermal bath with ozone, 20' reactivating massage and application of Aqua Spray. Min. $50 \in 75,00$

Queen's Ritual

Exfoliating body treatment with corindone crystals and massage with hyaluronic acid. Min. 90 € **130,00**

Mud Legs Treatment

Cold thermal mud, thermal shower, thermal bath with ozone, legs massage of 20 min. Min. 50 € 69,00

MODELAGE

Body Press

Mechanical massage of lower limbs, ideal for water retention problems. Min. 25 ${\bf \in 40,00}$

Body Press + Bandage

Enhancement of mechanical treatment on the lower limbs with triple drained, lipolytic and slimming action.

Min. 25 **€ 69,00**

Min. 50 € 75.00

Manual Skin Body – Toning and anti-cellulite

Modelling, lipolytic and deep draining treatment with the synergy of specific products and a special oxygenating massage. Min. 50 € 80.00

FACE BEAUTY TREATMENTS

Thermal Face Beauty

Thermal Mud and Ozonide mini-treatment with massage and purifying mask. Min. 25 € 40,00 Min. 50 €70,00

Face-Highlighter

antioxidant treatment based on vitamins with mask

Sensi

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Min. 25 € 53,00 Min. 50 € 97,00
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Special treatment for sensitive and reactive skin that gives the face lightness. Min. 50 €85,00

Kobido Massage

its goal is to rebalance vital energy. It brings benefits both physically, mentally and emotionally

Min.30 €40,00 Min.50 €80,00 (with masks)

Purifying Face

Facial cleasing with specific masks and phials for one's own skin. Min.50 **€85,00**

Time 1- hydra

Facial treatment with marine collagen, algae extracts and hyaluronic acid, aimed at improving skin structure and giving tone and elasticity for a radiant face. Min. 50 € **70,00**

Time 2

Facial treatment with toning massage. Min. 50 € 70,00 Feeling Time Thanks to the hyaluronic acid, it improves skin elasticity and tone. Min. 50 € 83,00 3 treatments - € 234,00 | 6 treatments € 450,00

Complementary Body Press Min. 25 € 30,00

Complementary Body Press + Bandage Min. 25 € 49,00

BEAUTY

Beauty Hand - Min. 20 € 30,00 Exfoliating hand treatment and moisturising mask with massage.
If carried out during a facial or Body Press treatment.
Manicure basic - 30' € 30,00
Manicure SPA - 50' Exfoliating + Manicure + Mask € 52,00

Pedicure – 50′ **€ 53,00**

Pedicure SPA – 70′ **€ 73,00**

Nail polish application € 12,00

Semipermanent nail polish application – 50' € 53,00

Traditional wax *total* – 50' **€ 53,00**

Traditional wax half legs – 25' € 33,00

Traditional wax armpits or bikini zone – 25' € 33,00

SKIN wax *total* – 50' **€ 83,00**

SKIN wax half legs – 25' **€ 53,00**

SKIN wax armpits or bikini zone – 25' € 42,00





SPA PRICELIST

Millepini Hotel Terme & Y-40® The Deep Joy

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